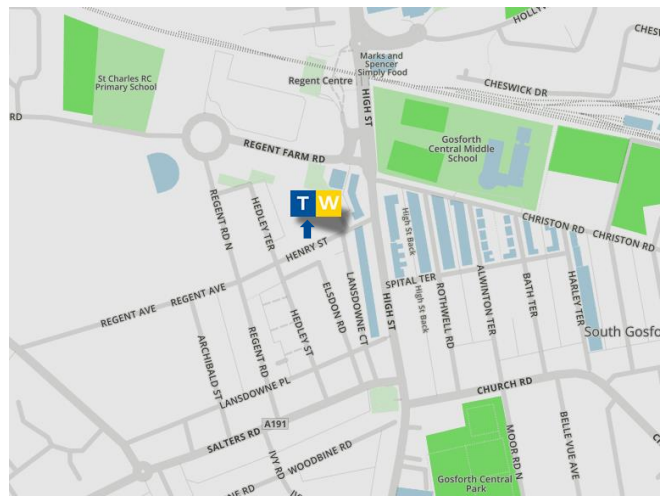


# HOW TO FIND US

## NEWCASTLE UPON TYNE

Bulman House  
Regent Centre  
Gosforth  
Newcastle upon Tyne  
NE3 3LS  
Tel: 0191 285 0321



### By Air / Rail

Newcastle International is the closest airport to Bulman House.

Newcastle Central Station is on the main east coast rail link.

There are taxi ranks outside the main buildings of both the airport and the train station.

There are Metro (train) links from both locations. "Regent Centre" is the station closest to Bulman House (only a few hundred yards away).

### By Metro

Board a train to Regent Centre.

On exiting the station, turn right and continue on the footpath for approx. 200 yards until you reach "Regent Point" – a modern glass-fronted building. Cross Regent Farm Road, heading towards Gosforth Civic Hall.

Continue straight across the car park, passing Irton Garage on your left. Turn right at the end of Bulman House and the main entrance to the building is 100 yards up on the right hand side.

### By Car

#### From the North:

- Travel southbound on the A1, passing the turning for the A19 Tyne Tunnel and the turning for Newcastle Racecourse.
- Leave the A1 at junction 78, marked for "City (North & Gosforth)".
- Up the slip road and, at the roundabout, take the first exit (signed for "Fawdon").
- Proceed for 300 yards then, at the traffic lights, turn right onto Fawdon Lane (signed "Fawdon & Industrial Estate").
- Go straight on at the mini roundabout and over a light-controlled level crossing.
- At the next traffic lights, carry straight on.
- Pass the Fire Station on your left and, at the next set of traffic lights, turn left onto Regent Avenue.
- Pass St Oswald's Hospice and continue straight on at the cross roads.
- After 200 yards, turn into the car park on your left. Visitor spaces are by the front of the building.

#### From the South:

- Travel northbound on the A1, passing the Metro Centre shopping precinct and crossing the Tyne on the Queen Elizabeth Bridge.
- Leave the A1 at junction 78, marked for "City (North) and Gosforth".
- At the roundabout, take the 3rd exit onto Kingston Park Road.
- From here, follow the directions as "From the North".

### Parking

Parking availability is limited – please contact our office as soon as possible if you plan to arrive by car.

### Visiting

Please enter the building through the middle sliding doors on the ground floor, under the canopy marked "Tait Walker". Our reception team will be happy to direct you from there.